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COMPREHENSIVE HEALTH REPORT ON SCREENING OF CERVICAL CANCER AND OTHER NCDs INCLUDING HYPERTENSION AND DIABETES HELD IN MTWARA REGION FROM 6th -8th DECEMBER 2023.

Lead Implementing Partner: The Medical Women Association of Tanzania (MEWATA) – SOUTHERN ZONE CHAPTER

Collaborators: Likombe Health Center

Date: 4th to 8th December 2023

INTRODUCTION.

MEWATA doctors of Southern Zone planned to conduct health education and screening of cervical cancer among women of reproductive age in nine wards of Mtwara Municipal Council from 6th to 8th December 2023. This activity sponsored by MEWATA NATIONAL LEVEL had the aim of identifying and treating early sign and symptoms of non-communicable diseases preferably reproductive cervical cancer among women.

The activity started by introducing the main objective to Municipal Government Leader's i.e. RAS, DC, DED and to Medical Officer Incharge of LIKOMBE H/C who provided the space of screening.

Sensitization was done through RADIO SAFARI and H.FM. Health education concerning Cervical and breast cancer were delivered to the community.

The most important topics delivered were:

What is cervical cancer, causes of cancer, the risk factors, signs and symptoms, treatment and complications as well as promotion to all eligible women to attend the screening campaign.

Screening services done at LIKOMBE H/C. The activity conducted by some of Medical women doctors and not all due to mismatch of time table and other 2 Nurses from Likombe health Centre to strengthen the efficiency of services.

TARGETED GROUP AND POPULATION

All women at reproductive age.

To reach as many as 200 people around Mtwara Municipal Council in nine selected ward.

REACHED GOALS

- Health education offered about cervical cancer and HPV
- Health education about prevention of cervical cancer
- Cervical cancer screening done among eligible women
- All women with early signs and symptoms of cervical cancer were treated.
- -Referral and linkage to 2 suspicious of cervical and breast cancer to higher Centre done i.e. Muhimbili, Ocean road for further investigations and treatments
- Additional knowledge delivered and screening
- Awareness/Health education and checking of Breast Cancer, Blood sugar (DM) and Hypertension.

RESULTS

In day 1:

- Total number of women screened for cervical cancer was 102; Via positive 3 - All 3 clients received Thermal coagulation. Suspicious for cancer was 1
- 102 clients were screened for Breast cancer: Breast lump 0, Mastitis 0, Breast CA suspect 1
- Endometrial polyps 1 (confirmed by Uss after screening)
- Cervicitis cases 5
- PID cases 8
- Known HIV women were 16 among all screened
- All attendees were checked Blood pressure and blood sugar: 2 had high blood sugar and 1 had high blood pressure.
- All who diagnosed with other gynaecological diseases/ problems were treated accordingly.

- All with other problems apart from gynaecological issues were treated and advised accordingly.

In day 2

- Total numbers of women screened for cervical cancer was 58; Via positive 1 and Thermal coagulation was done, Suspicious for cancer was 1.
- 58 clients were screened for Breast cancer: Breast lump 0, Mastitis 0, Breast CA suspect 1
- Cervicitis 3
- PID 2
- Known HIV women were 5 among all screened
- All attendees were checked Blood pressure and 16 blood sugar, 1 having high blood sugar and one high blood pressure.
- All who diagnosed with other gynaecological diseases/ problems were treated accordingly.

Success

Awareness has been created about the benefits of check-ups of cervical cancer in the community.

80% women's have been seen by the medical professionals during this activity.

2.5% has been diagnosed and treated hence reduce the incidence and mortality rate of cervical cancer among women of Mtwara Municipal.

Challenges.

Poor infrastructure among women who need to reach screening area.

Weather (rain) for the second day of our activity with a result of failure to meet targeted population.

Mismatch of timetable among providers (DRS) during activity.

Failure to support referral to those who had problems i.e. breast CA, cervical CA.

Insufficient fund for doing this activity frequently.

